

## Introduction

The Health and Safety (Display Screen Equipment) Regulations 1992 (Amended 2002) require the assessment of all DSE workstations used for work to ensure they meet minimum requirements, and that computer users can work in ways that do not expose them to the risks associated with computer work (e.g. upper limb disorders, stress, eyestrain). Hu-Tech ergonomists have been approved by IOSH (Institution of Occupational Safety and Health) to deliver a DSE workstation assessors course that follows IOSH's syllabus. The course involves a short exam (30 minutes), successful completion of which leads to a certificate from IOSH

([www.iosh.org.uk](http://www.iosh.org.uk)). In addition, the course will include a session by AbilityNet, a UK charity that specialises in computer use adaptations for those who have some physical limitations ([www.abilitynet.org.uk](http://www.abilitynet.org.uk)). These adaptations range from software changes to voice activation, and this practical session will give delegates confidence in making recommendations for any colleagues who find conventional computer keyboard use difficult. The course will enable delegates to be competent in undertaking DSE assessments and knowing how to tackle commonly encountered problems associated with DSE use.

## Course Aims & Objectives

- To understand the requirements of the Health and Safety (Display Screen Equipment) Regulations 1992, including recent changes to them
- To appreciate the health problems which may be caused by DSE work and how these can be avoided
- To become competent in undertaking DSE risk assessments
- To identify appropriate risk reduction measures and prioritise these
- To be able to develop a management approach for undertaking assessment and managing those with DSE related problems
- To understand the principles that should be applied when selecting new office equipment and furniture.

## Who should attend?

The course is designed for those who are, or could be, involved in assessing the workstations of DSE users. This includes line managers, as well as those responsible for IT, purchasing equipment or furniture, and health and safety reps.

## Training methods

The course will combine presentation of the theory with practical interactive exercises and group discussion. Practical assessments carried out during the course will enable delegates to practise their skills with the support and guidance of the course tutor. A comprehensive course booklet will be provided as well as a risk assessment checklist that can then be used in-house.

## Evidence of competency

Successful completion of the short exam will lead to a certificate from IOSH. Hu-Tech also issues a certificate confirming attendance on the course. Delegates taking part in IOSH's CPD scheme can award 4 points for this course.

## Our trainers and their qualifications

Hu-Tech trainers have extensive experience of conducting DSE assessments and in training others to complete them. We have been providing DSE risk assessment for a wide range of public and private sector companies for over 10 years.

## Cost

For details on cost please contact +44(0) 1604 233 428.

For information visit [www.hu-tech.co.uk](http://www.hu-tech.co.uk) or email: [info@hu-tech.co.uk](mailto:info@hu-tech.co.uk)

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