

Course Aims & Objectives

- To understand the scale and extent of musculoskeletal disorders (aches, pains and discomfort)
- To understand the factors that contribute to employees developing these problems
- To be able to assess the risk of musculoskeletal disorders in the workplace
- To be able to identify appropriate risk reduction measures
- To be able to develop an appropriate management strategy for tackling these problems.

Course Details

The HSE's current drive to reduce the levels of work-related musculoskeletal disorders means this is a topical course which provides support and guidance for organisations aiming to tackle these problems. We offer a course that will ensure your personnel are competent to assess and reduce these risks.

The course is appropriate for all staff who are responsible for the health and safety of their employees (e.g. factory managers, line managers, health and safety personnel, industrial designers and safety reps), and particularly in operations where there is a recognised risk of upper limb disorders.

Content

The course will cover:

- Understanding musculoskeletal disorders and their causes
- identifying and assessing work related risk factors
- Assessing manual handling risks
- Identifying risk reduction measures
- Management of these problems
- Relevant regulations, standards and guidance

Training Methods

Our courses are conducted in an informal, classroom style combining discussion of the theory with interactive practical

exercises and group discussion to help ensure delegates understand the issues and know how to apply their knowledge in their workplace. A comprehensive course booklet to support the training will be provided.

Evidence of Competency

Delegates are provided with a certificate confirming their attendance on the course. Delegates taking part in the IOSH CPD scheme can award 4 points for attending this course.

Our Trainers and Their Qualifications

Hu-Tech has five qualified ergonomists who run the training courses. All trainers have extensive experience of applying ergonomics in a range of different industries. Hu-Tech has been providing training for a wide range of public and private sector companies for over 17 years.

Course Duration & Availability

This 2-day course will be run at your premises, and thus can be tailored to match your specific business requirements. Delegate numbers are restricted to 12 to ensure maximum participation.

Costs

For details on cost please contact +44(0) 1604 233 428.

For information visit www.hu-tech.co.uk or email: info@hu-tech.co.uk

Hu-Tech Ergonomics

Guildford

81 Addison Road
Guildford, GU1 3QE UK
Tel: +44 (0) 1483 457441
Fax: +44 (0) 1483 853382

Northampton

Saxon Court, 29 Marefair
Northampton, NN1 1SR. UK
Tel: +44 (0) 1604 233428
Fax: +44 (0)1604 604 967

Scotland

Alloa Business Centre
Whins Road, Alloa
Scotland FK10 3SA
Tel: +44 (0) 125 972 6631
Fax: +44 (0) 125 972 6620